

We Got 2 Kinds of Threes M. Lemieux

This exercise compares the *hugadig* rudiment (one-handed breakdown of a flam-tap)—where you attack the drum once and use fulcrum/finger pressure to create additional bounces which dynamically decay—with the *triplebeat* rudiment, where you attack the drum three times with three identical strokes. The goal is to challenge your application of fulcrum/finger assistance and efficient use of wrist turn and rebound.

For the hugadigs, it may help to think: down, decrescendo, get the grace note low, let the weight of your hand create power through the decay.

For the triplebeats, it may help to think: up, rebound, follow through dynamically, let the power of your wrist turn create a strong rebound.

Confronting the dramatic contrasts that manifest in the pairing of these two rudiments will help you to build better habits for the efficient utilization of rebound, the application of high-velocity wrist turn, and the appropriate engagement of fulcrum and fingers, without any of these three components of your technique getting in the way of each other.

♩ = 104 – 152

On repeat, reverse sticking

3

R r L ... R L R L R ...

5

R r L l ... R L R L R L ...

(Stick Clicks)

7

R R R R L L L R l r r L r l l R l r r l l R r L l R R R



For more great ways to get better, check out *Quality Control for Rudimental Drummers*, available from www.fatmattdrums.com

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