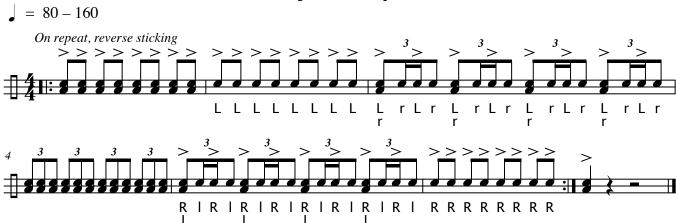
Unified Fields

M. Lemieux

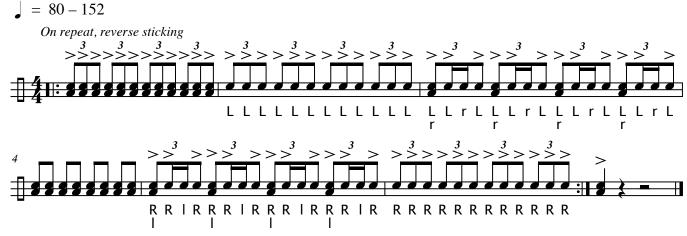
This exercise combines hand-to-hand independence patterns with unison doublestop patterns in a manner that pointedly tests your accent-tap and legato fundamentals. Do not be afraid to isolate the transition between beat 4 and beat 1 of a given pair of measures. It can be very challenging to achieve precise hand speed changes when a height change is also involved. Although each measure consists primarily of legato strokes, your execution across the barline will truly test your mastery of prep strokes and cushion strokes.

As you repeat a variation, one hand will play contuously for three measures (the last measure of the exercise and the first two measures of the next repetition). Choose to consciously focus on either the hand that plays continuously or on the hand that joins in on the doublestops in measure 1. Make sure that the hand that carries through does not change what it is doing when the other hand joins in; also make sure that the hand that joins in for the doublestops is perfectly matching the motions you have established with the other hand, from start to finish.





Trips / Eighths



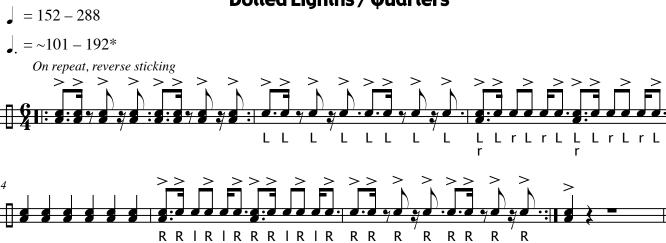
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Quarters / Dotted Eighths



Dotted Eighths / Quarters



* Divide the tempo in 6/4 time by 1.5 in order to get the equivalent tempo in 12/8 time.



For more great ways to get better, check out **Quality Control for Rudimental Drummers**, available from www.fatmattdrums.com

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