

Ten Stroke

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This exercise uses breakdowns of the ten stroke roll as a vehicle to test your application of fulcrum pressure when quick upstrokes are intermittently demanded by the rudimental content. Sometimes, a short tap roll is followed by an upstroke to an accent. Sometimes, the tap roll is followed by taps that must speak strongly, despite the possible application of fulcrum “pinch” on the preceding diddles. Sometimes, there are more doublestrokes between upstrokes than in the tap-five turnaround between the first and second measure.

Try not to get lost in the six-stroke rolls of the tag (measures 7-8).

♩ = 112 – 200

R ll rr R ll rr R ll rr L rr ll L rr ll L rr ll R ll rr L R ll rr L R

L rr ll R L rr ll R L R ll rr ll rr L R ll rr ll rr L R ll rr L rr ll rr ll R L rr ll rr ll R L rr ll

R L rr ll R L rr ll R L rr ll rr ll R L rr ll R L rr ll R L rr ll R L rr ll R



For more great ways to get better, check out *Quality Control for Rudimental Drummers*, available from www.fatmattdrums.com

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