

Place The Grace 2

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This exercise challenges you to keep a consistent pulse on one hand while the other hand plays isolated taps that either serve to fill in the rhythm, to create true flams, or to create flat flams. If you want to delve into the particulars of grace-note height, you should rehearse this exercise with all of the nonlead hand's notes at a single height, be it tap height or grace-note height (try both!). You will also want to rehearse this exercise where the rhythmic fill-in notes are at a true tap height, while the grace notes are played from the tacet height to create the ideal flam.

8ths

♩ = 104 – 184

On repeat, reverse sticking

Measures 1-4 of the 8ths exercise. The notation is in 4/4 time and features eighth notes with accents. The sticking pattern is: R r R r R r R r | R r R r R r R r | R l r R l r R l r R l r | R r R r R r R r.

Measures 5-8 of the 8ths exercise. The notation is in 4/4 time and features eighth notes with accents. The sticking pattern is: R R R R | R r l R r l R r l R r l | R L R L R R R R | R.

Trips

♩ = 80 – 160

On repeat, reverse sticking

Measures 1-4 of the Trips exercise. The notation is in 12/8 time and features eighth notes with accents. The sticking pattern is: R r r R r r R r r R r r | R r r R r r R r r R r r | R l r r R l r r R l r r R l r r | R r r R r r R r r R r r.

Measures 5-8 of the Trips exercise. The notation is in 12/8 time and features eighth notes with accents. The sticking pattern is: R r r R r r R r r R r r | R r R r R r R r R r l r R r l r R r l r R r l r | R r r R r r R r r R r r | R r r R r r R r r R r r.

Measures 9-12 of the Trips exercise. The notation is in 12/8 time and features eighth notes with accents. The sticking pattern is: R r r R r r R r r R r r | R r R r R r R r R r r l R r r l R r r l R r r l | R r r R r r R r r R r r | R r r R r r R r r R r r.

Measures 13-16 of the Trips exercise. The notation is in 12/8 time and features eighth notes with accents. The sticking pattern is: R L R L R L R R R R R R R | R.

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