

Pinch Perfect

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This exercise requires the consistent application of a given amount of fulcrum pressure and finger assistance to create strong and consistently-timed doublestrokes. The turnaround between the beat of roll and the next doublestop creates a situation where one hand (the hand that plays the last 16th-note partial of the roll) has to wait longer than usual for the next attack (more “hang time”)

The variations alter the release of the roll so that the fulcrum pressure and finger assistance are not uniform throughout 100% of the exercise. Listen for the sound quality on the tap release to make sure that it isn’t getting dampened or weakened by unnecessary tension in your grip. Especially listen for the sound quality on the accent release to make sure that it doesn’t sound unusually loud or harsh due to grip tension left over from the doublestrokes. Note: in the variations, one hand must change the fulcrum pressure while the other hand must contend with the additional hang time before its next attack.

♩ = 80 – 144

Constant Pressure

Musical notation for the Constant Pressure exercise. It consists of two staves in 4/4 time. The first staff starts with a double bar line and a first ending bracket labeled (1). The notation shows a sequence of double strokes (rr) and rolls (ll) with consistent pressure. The second staff continues the pattern, ending with a double bar line and a second ending bracket labeled 2.

Tap Releases

Musical notation for the Tap Releases exercise. It consists of two staves in 4/4 time. The first staff starts with a double bar line and a first ending bracket labeled (1). The notation shows a sequence of double strokes (rr) and rolls (ll) with tap releases. The second staff continues the pattern, ending with a double bar line and a second ending bracket labeled 1.

Accent Releases

Musical notation for the Accent Releases exercise. It consists of two staves in 4/4 time. The first staff starts with a double bar line and a first ending bracket labeled (L). The notation shows a sequence of double strokes (rr) and rolls (ll) with accent releases. The second staff continues the pattern, ending with a double bar line and a second ending bracket labeled L.

For more great ways to get better, check out *Quality Control for Rudimental Drummers*, available from www.fatmattdrums.com



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