

Invert Motion

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This inverted flam-taps builder bypasses the typical “rudiment breakdown” process of building the rudiment from constituent patterns, instead exploring inverted flam-taps as variants of other rudiments that have the same lead-hand breakdown: pataflafas and same-hand flam paradiddles. This sort of approach to working on rudiments is further explored—for many different rudiments and patterns—in the “Off-Hand Control” chapter of *Rudiment Control*, a free book available on fatmattdrums.com

The quick upstroke necessary to accurately hit the accents is the primary challenge of these rudiments; you must be aggressive enough to place the preceding taps *and* hit the accent in time, without allowing that aggression to translate into tension in your grip. Tension in your grip will cause you to “slam” the accents, making them sound harsh and out of character, even if they are appropriately loud and in time.

♩ = 80 – 128

Inverts

R l r r R l r r R l r L R l r r R l r r R l L r R l r r R l r r R l r L

4 R l L r R l L r R l r r L r l l L r l l L r l R L r l l L r l l L r R l

7 L r l l L r l l L r l R L r R l L r R l L r l l R

♩ = 80 – 128

Cheese Inverts

R l r r RR l r r RR l r L R l r r RR l r r RR l LL r R l r r RR l r r RR l r L

4 RR l LL r RR l LL r RR l r r L r l l LL r l l LL r l R L r l l LL r l l LL r RR l

7 L r l l LL r l l LL r l R LL r RR l LL r RR l LL r l l R



For more great ways to get better, check out *Quality Control for Rudimental Drummers*, available from www.fatmattdrums.com

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