

# Herta Henry

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This is a fun singlestroke and herta étude that is a lot more challenging than it looks (which may explain why it has been hiding in my *Finale* folder for so many years). The singlestroke five that straddles the barline between measures 2 and 3 is especially a doozy if you are anything but relaxed on the hertas that precede it. You will have to mind what I call the “herta paradox”: *hertas consist simply of legatos on one hand and doubles on the other hand, putting them together in the herta rhythm mysteriously creates a tendency to unnecessarily tense up on both figures in order to achieve correct timing.* The skeleton variation will give you a benchmark of how the as-written exercise should feel if you are truly relaxed.

♩ = 104 – 152

*On repeat, reverse sticking*

### Herta Henry '07

1 2 3 4 5 6 7

*Crescendo L.H. Only* *fp*

*On repeat, reverse sticking*

### Henry's Skeleton

1 2 3 4 5 6 7

*Crescendo L.H. Only* *fp*

For more great ways to get better, check out *Quality Control for Rudimental Drummers*, available from [www.fatmattdrums.com](http://www.fatmattdrums.com)

