

# Check Yo'self

M. Lemieux

This exercise uses simple diddle figures to prepare your ears to listen for inconsistencies in paradiddles and paradiddle-diddles. The tap drags and tap-fives should establish how your paradiddle/paradiddle-diddle breakdowns should sound before you add the non-lead hand taps that create the true rudiment. Listen to be sure that the different stickings do not change how anything *sounds*. In other words: check yourself.

♩ = 80 – 168

R || r L rr | R rr | R rr | R || r L rr | R | r r | R | r r |

<sup>3</sup> R || rr L rr || R rr || R rr || R || rr L rr || R | r r | | R | r r | | R

## Variation

This variation extends the exercise to applications with rolls into paradiddle-diddles: i.e., contexts where inconsistencies in doublestroke fundamentals will really expose themselves. For further study, play the whole exercise at a single dynamic (no accents) and listen for a solid, monotone rhythm across all the different stickings.

♩ = 80 – 168

rr || r || rr | R rr | R rr | rr || r || rr | R | r r | R | r r |

<sup>3</sup> rr || rr || rr || R rr || R rr || rr || rr || rr || R | r r | | R | r r | | r



For more great ways to get better, check out *Quality Control for Rudimental Drummers*, available from [www.fatmattdrums.com](http://www.fatmattdrums.com)

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