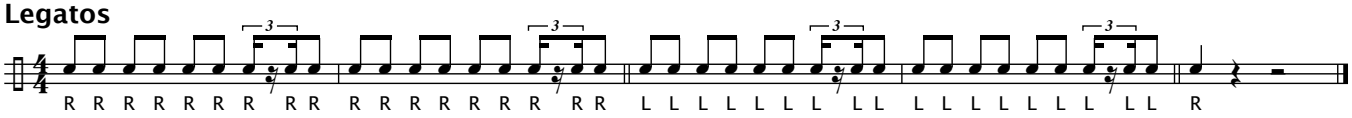
Eighteen on a Hand

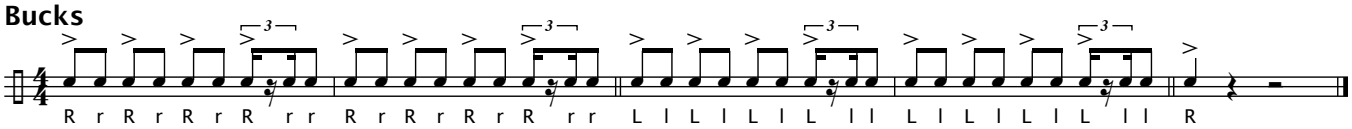
M. Lemieux

This twist on the traditional *8 on a Hand* exercise opens the door to numerous variations for combining and refining doublestroke and accent-tap fundamentals, in service of building excellent paradiddle-diddles. In the two-height variations, follow through on the doublestroke, as if the "and" of beat 4 is an arrival point. At the same time, do not allow the aggression of the subsequent upstroke to create grip tension beyond the fulcrum pressure necessary to achieve a doublestroke of the appropriate speed and sound quality. Allow fill-in variations to check your consistency of timing and sound quality (especially between buck taps and other taps). Use doublestop variations to match stick motions between the two hands: look in a mirror or record yourself in a video to see that both sticks attack and rebound with the same velocity and from/to the same heights.

Legatos

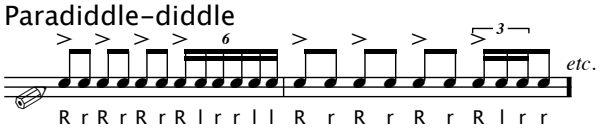


Bucks

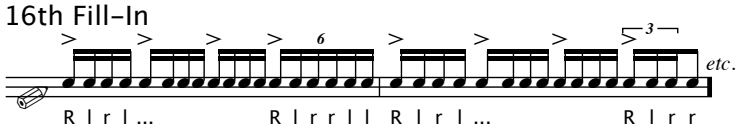


Buck Variations

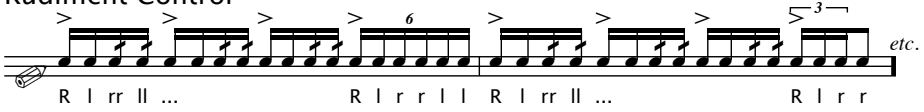
Paradiddle-diddle



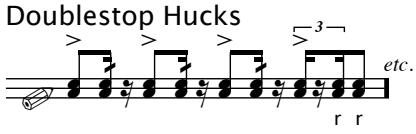
16th Fill-In



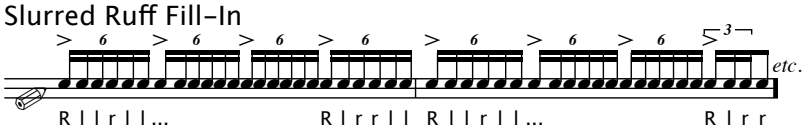
Rudiment Control



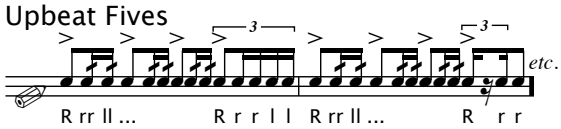
Doublestop Hucks



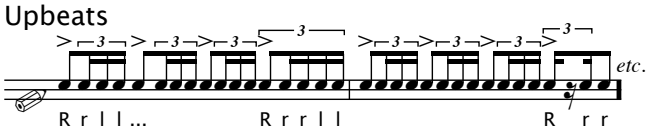
Slurred Ruff Fill-In



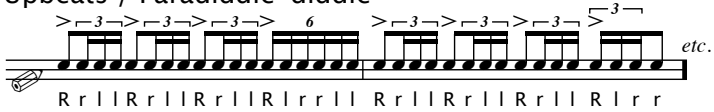
Upbeat Fives



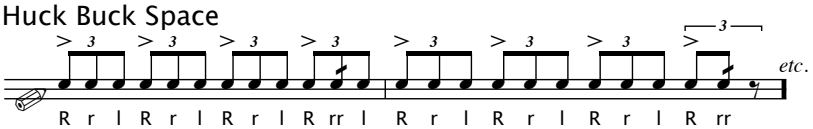
Upbeats



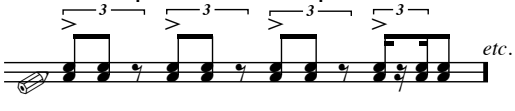
Upbeats / Paradiddle-diddle



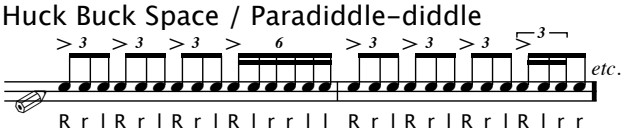
Huck Buck Space



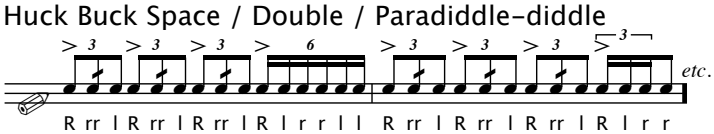
Doublestop Huck Buck Space



Huck Buck Space / Paradiddle-diddle



Huck Buck Space / Double / Paradiddle-diddle



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